



- Motor vehicle crashes are a leading cause of death for 15 to 20-year-olds.
- Of the 16-19 year old trauma patients seen at Gundersen from 2010-2017, 66% of the crashes occurred because the driver lost control.

# Free Teen Car Control Clinic

**April 27 or 28 from 7:45 a.m. to 4:30 p.m.**

**Gundersen La Crosse Campus, Parking Lot F  
Breakfast and lunch will be provided**

The clinic teaches fundamentals of vehicle control during classroom sessions and behind the wheel exercises. Teens will leave with an increased sense of confidence in their ability to handle their vehicle as well as increased awareness of hazards on the road. We require that a parent/guardian attend the course with the licensed teen (16-19 years of age). You must use your own vehicle for the driving portion of the course.

A \$50 deposit is required at registration, which will be refunded in full after completion of the program.

To register, **call Trauma Services at (608) 775-3054.**  
Pre-registration is required by April 19.

**For more information about this program call (608) 775-3054.**

*A special thank you to The La Crosse Police Department, The Audi Club of North America, Lindy's Subs and Salads, La Crosse Fire Department, Courtesy Corporation, Festival Foods and Caribou Coffee for their donations to the clinic.*

*This event, class or activity is not sponsored or endorsed by the School District and is not printed at District expense.*

**GUNDERSEN  
MEDICAL FOUNDATION**

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## ***If you were driving your vehicle and suddenly lost control, would you know what to do?***

Of the 16 to 19-year-old trauma patients seen at Gundersen from 2010-2017, 66% of the crashes occurred because the driver lost control. Motor vehicle crashes are the leading cause of teenage death. Young people are at a greater risk for traffic accidents due to one major reason—lack of experience.

Gundersen's Division of Trauma is committed to keeping teens safe by offering a FREE Teen Car Control Clinic for licensed teens 16 to 19 years of age. The clinic will not only teach the fundamentals of vehicle control during the classroom session but will also offer invaluable behind-the-wheel exercises.

During the in-car portion of the clinic, instructors will familiarize students with proper braking concepts, vehicle weight transfer and cornering, and unexpected lane changes. The session is designed to heighten students' awareness and responsiveness to real-world situations and boost confidence in their own skills.

A parent/guardian must attend the course with the licensed teen (16 to 19 years of age). Each student must have their own vehicle (if registering more than one student from the same family, each student must have their own vehicle).



### Vehicle requirements include:

- Car must be in good mechanical condition and safe in the opinion of the instructor. All cars will need to pass a brief safety inspection. No visible leaks of any kind.
- The car must be legally registered, licensed and insured to participant or their parent/legal guardian.
- No racecars or special-use vehicles. The use of Nitrous Oxide will not be allowed.
- Tires must have visible tread.
- The car and trunk must be cleaned of all loose items.
- The battery and spare tire must be secure.
- Have plenty of gas in the car for the day's event.

A \$50 deposit is required at registration, which will be refunded in full after completion of the program. To register, call Trauma Services at (608) 775-3054.

Information about payment options can be found on the website. Pre-registration is required by April 19.

For more information about this program call (608) 775-3054.

Dress comfortably and according to the weather. Closed toed shoes are required. Much of the course is outdoors.

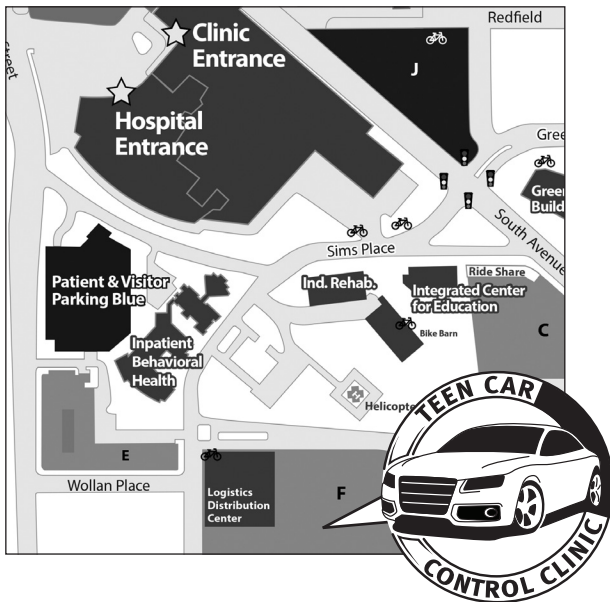
**Pre-registration is required by April 19. Register by calling Trauma Services at (608) 775-3054.**

When parents and teens were asked what they liked most about the event, they responded:

*"The hands on experience was a real confidence booster for my child."*

*"I'm more comfortable and more careful behind the wheel."*

**Gundersen La Crosse Campus  
Parking Lot F  
1900 South Avenue, La Crosse, WI 54601**



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Gundersen Lutheran Medical Center, Inc.  
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1900 South Avenue, La Crosse, WI 54601  
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gundersenhealth.org

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# Free Teen Car Control Clinic

April 27 or 28  
7:45 a.m. to 4:30 p.m.

Breakfast and lunch will be provided.

Gundersen La Crosse Campus Parking Lot F  
(see map on back)

To register, visit:  
**[gundersenhealth.org/teencar](http://gundersenhealth.org/teencar)**  
or call (608) 775-3054.

**GUNDERSEN  
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